

## ***How to Avoid Stereotyping Others***

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- Get to know others who appear different from you.
- Stop yourself before making snap judgments about others.
- Consider what you have in common with other people—it may be more than you think!
- Develop empathy for others. Try to walk in their shoes.
- Educate yourself about different cultures and groups.

It is important to educate ourselves and continue to do self-assessments about our stereotypes and how they are potentially interfering with our interactions